

# LifeFone

## Medical Alert Response System

### Diabetic Shock – What is it?

Diabetic shock or hypoglycemia is a dangerous medical complication. Also identified as insulin reaction, it may occur when a diabetic has too much insulin, too little food, a lot of exercise, or a combination of all three.



## LifeFone Saves Lives When Seconds Count®

The signs of diabetic shock could appear minor initially, however, they should not be easily disregarded. If improperly handled, hypoglycemia can become an extremely serious condition that may cause fainting, comas, or even fatality. Identifying the indicators of hypoglycemia and what to do if it occurs may save you or a loved one's life. If serious symptoms occur, pressing your LifeFone medical alert button could save your life!

### Warning Signs

- Dizziness
- Irritability
- Moodiness
- Hunger
- Shakiness
- Sweating
- Rapid heart
- Confusion
- Headache
- Poor coordination
- Fainting
- Unconsciousness
- Seizures
- Coma

### Quick Treatments

If your hypoglycemia is mild or moderate, the best way to raise your blood sugar level quickly is to eat or drink some form of sugar:

- One-half cup of regular soda
- 1 tablespoon of sugar
- 1 tablespoon of honey
- One-quarter cup raisins
- 6 sugar cubes dissolved in water

### Symptoms While Sleeping

- Crying out in your sleep
- Excessive night sweats
- Waking tired, irritable, or confused
- Nightmares

### Advantages

- ✓ Providing Security & Peace of Mind Since 1976
- ✓ Better Business Bureau A+ Rating
- ✓ No Activation or Cancellation Fees
- ✓ No Equipment to Buy or Hidden Charges
- ✓ No Contract Required, Discontinue at Any Time
- ✓ 24/7 Secure Monitoring from our own Trained Specialists in our US Facility



LifeFone

16 Yellowstone Avenue, NY 10607

<http://www.lifefone.com>

1-888-687-0451



## Independent Living Brought To You By LifeFone

With the simple push of a medical alert button, LifeFone provides instant, caring and compassionate assistance from specifically trained Emergency Care Specialists - 24 hours a day, every day of the year. LifeFone service delivers independence and quality of life benefits to you and your family with the confidence in early emergency intervention should a medical alarm be pressed.

### How Can LifeFone Help?

- A medical alert bracelet or pendant automatically calls the LifeFone Emergency Response Center to notify your designated doctor, family and friends of an emergency.
- Hypoglycemia can cause disorientation, confusion, and loss of balance. A person is more likely to fall or injure himself at this time and may not be rational. LifeFone can summon help.
- Since 1976 LifeFone has been providing security and safety from falls and other risks for seniors at home or in assisted living facilities.
- Our unique Emergency Care Plan allows subscribers and their family members to customize our response to fit their specific needs.
- Your Personalized Profile with medical history, medications, allergies, physicians, family members, neighbors, your preferred hospital and more.



### Special Precautions

- Always carry a Snack that raises your blood sugar.
- Always check your blood sugar before driving.
- Always wear a medical ID bracelet or carry the LifeFone Emergency Response Card that identifies your medical history.
- Make sure family and friends know the signs and symptoms.
- When at home, have a personal emergency response device.

**LIMITED TIME OFFER** **Get 24 Hour Protection Today**

HELP IS JUST A PUSH OF A BUTTON AWAY!

- ✓ FREE Activation
- ✓ FREE Emergency Response Card
- ✓ No Contract Required
- ✓ Discontinue At Any Time

**Includes:** Monthly Monitoring, Base Unit & Choice of Pendant or Wristlet

**Choose A Convenient Billing Option:**

<p><b>Best Value!</b> <b>ANNUALLY</b></p> <p><b>\$24.95</b> per month</p> <p><b>ORDER NOW</b></p>	<p><b>QUARTERLY</b></p> <p><b>\$27.95</b> per month</p> <p><b>ORDER NOW</b></p>	<p><b>MONTHLY</b></p> <p><b>\$29.95</b> per month</p> <p><b>ORDER NOW</b></p>
---	---	---

LifeFone's professional Emergency Care Specialists are on call 24 hours a day, 365 days a year -- reducing concerns about personal safety and helping to ensure early intervention and allow seniors to remain independent in their own homes.

## What Causes Hypoglycemia?

- Becoming more physically active than usual
- Missing a meal
- Changing when or how much you normally eat
- Taking your insulin or medication at a different time than usual

## Reacting To Warning Signs

If symptoms are recognized and you are unable to check your blood, cautionary action should be initiated as prescribed by your doctor. As always, if the scenario becomes extreme, emergency care is always the best option. LifeFone's medical alert device can summon emergency help at the push of a button.

Remember to always consult with your doctor before making any lifestyle changes.